

N E X G Y M

The Next Generation in Fitness for Kids

EXERGAMING GYM HOURS
Monday – Friday: 10am – 7pm
Saturday: 10am – 4pm
(Closed July 4th)

SUMMER CAMP
Monday – Friday: 1pm – 5pm
Week Long Camp Themes!
(Closed July 4th)

BIRTHDAY PARTY HOURS
Friday: 7pm – 9pm
Saturday: 4:00 – 9pm
Sunday: 1pm – 8pm

NEXGYM SUMMER SESSION June 8 – August 21					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11-12: Cardio Craze	11-12: Sports IT	11-12: Open Studio	11-12: Open Studio	11-12:Dodgeball Hour	
12-1: Open Studio	12-1: Open Studio	11-12: Agility Ability	12-1: Open Studio	12-1: Open Studio	12-1:On The Ball
1-2: Open Studio	1-2: Pre-K Class	1-2: Open Studio	1-2: Pre-K Class	1-2: Open Studio	1-2 Cardio Craze
2-3: Summer Camp	2-3: Summer Camp	2-3: Summer Camp	2-3: Summer Camp	2-3: Summer Camp	2-3 Boot Camp
3-4: Boot Camp	3-4: Open Studio	3-4: Dodgeball Hour	3-4: Iron Man	3-4: Agility Ability	
4-5: Summer Camp	4-5: Summer Camp	4-5: Summer Camp	4-5: Summer Camp	4-5: Summer Camp	
5-6: Just Dance	5-6: Girl Power	5-6: Pump It Up	5-6: Sports IT	5-6: Yoga	

Personal Training!

Circuit Training!

La Arcata Shopping Center
115 North Loop 1604 East, Suite 2104
San Antonio, Texas 78232
(210) 479-5989
www.nexgym.com

Birthday Parties!

Field Trips!